the Connection Institute
a center for relationship & sexual wellness

Joshua M. Noblitt
PSYCHOTHERAPY

When Therapists Grieve:

A Support and Psychoeducation Group for Clinicians

Grief is an occupational reality for therapists — and one we are rarely prepared for. The death of a client, the loss of a therapeutic relationship to discontinuation, and the experience of doing clinical work while carrying our own personal losses are among the most challenging aspects of this profession. Yet the norms of our field often leave little room for therapists to grieve openly, seek support, or process the unique disenfranchised grief that comes with this work.

This group is designed to create that space.

Topics will include:

- The nature of therapist grief — normative responses, disenfranchisement, and why our profession makes grieving harder
- Losing a client to death — including sudden loss, expected loss, and client suicide
- Navigating our clinical work while personally grieving — ethical considerations, self-monitoring, and the question of fitness to practice
- Losing clients to discontinuation — the underacknowledged grief of therapeutic endings
- Self-care, supervision, and the ethics of impairment
- Integration and moving forward — what it means to grieve well as a clinician



Joshua M. Noblitt
Psychotherapist



Dr. Erika Pluhar
Founder & Clinical Director, Connection Institute

Group details:

Format: Closed, combined support and psychoeducation group

Who it is for: Licensed mental health clinicians and supervised associates

Meeting schedule: Every other week, 90 minutes

TWO OPTIONS:

In person starting Wednesday, January 27 from 7:00 - 8:30 pm (1720 Peachtree Street NW, Atlanta, GA 30309)

Virtual via Zoom starting Friday, January 22 from 2:30 - 4:00 pm

Size: Max of 8 participants per group to ensure meaningful connection and safety

Duration: 6 weeks, with the possibility of continuation by group consensus

Cost: $100 per session

The option to continue beyond six weeks will be considered based on group interest and need.